

# The YRBS is more than just a survey — it gets results!



Question: What percent of VT high school students have tried vaping?

Answer: **32%**

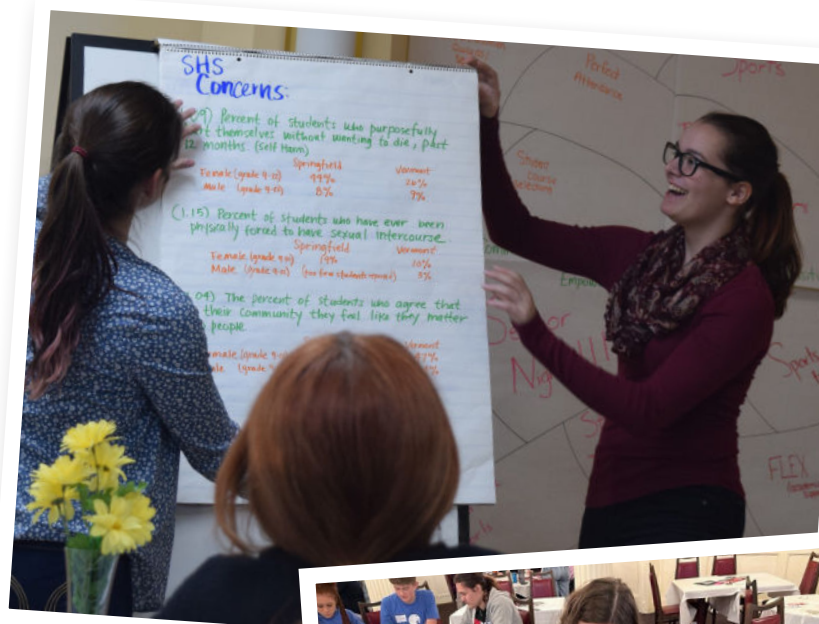
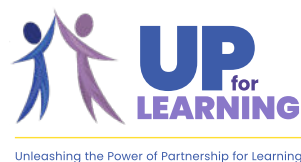
**...Did you guess higher? Many people do.** We bring our own lived experiences and other biases to our perceptions of youth behavior. The YRBS helps us see more clearly and target interventions and action to help address challenges as they currently exist.

The YRBS is used by educational leaders, public health professionals, policymakers, and youth to better understand their schools and design targeted actions to address areas of need. In fact, in the 2023-2024 school year, 42 school-based teams of youth and adults used YRBS data to create change in their communities through UP for Learning's Getting to 'Y' program.

Developed by the Centers for Disease Control and administered nationwide, the YRBS is sponsored in Vermont by the Department of Health and the Agency of Education. And **we need YOUR HELP** with this year's administration!

## How you can help:

- **Support logistics around administration** of the YRBS at your school! Help us get as many responses as possible.



- Share the message with students, staff, and families that **these results inform real-world decision making** in Vermont schools and communities — a lot of which is driven by youth themselves!
- Make sure your students know that **the YRBS is available in multiple languages.**
- Check out the VT YRBS website and learn more! Visit [healthvermont.gov/stats/population-health-surveys-data/youth-risk-behavior-survey-yrbs](https://healthvermont.gov/stats/population-health-surveys-data/youth-risk-behavior-survey-yrbs).

Looking for more resources to share at your school? Visit [upforlearning.org/resource-center/yrbs-and-getting-to-y-resources](https://upforlearning.org/resource-center/yrbs-and-getting-to-y-resources) or scan the code.

