

The YRBS is more than just a survey — *it gets results!*



Did you know that

94%

of Vermont high school students
have not smoked a cigarette in
the past 30 days?

We get a lot of information worth celebrating in the Youth Risk Behavior Survey — like the statistic above! AND we also learn a lot about where young people need more support, including, from the same survey, that 29% of VT high school students felt sad or hopeless every day for two or more weeks in the past year.

We need YOUR help in ensuring we collect all of this critical information!

What is the YRBS?

The Youth Risk Behavior Survey is a behavioral health survey developed and maintained by the Centers for Disease Control to monitor priority health risk behaviors that contribute to the leading causes of death, disease, injury and social problems among youth. It is administered in middle and high schools across the U.S. every two years.

What is it used for?

Schools, community partners, policy makers, and teams of youth use YRBS results to plan programs, policies, and approaches to improving quality of life for young people. With the support of the VDH, 42 Getting to 'Y' teams of students in schools across Vermont used YRBS results in the past year to improve the lives of their peers through data informed action!



How can I help?

School staff play a vital role in the YRBS by emphasizing its importance to the students taking it. Please share with your students that **this data is used to make real change**, including legislation, budgetary decisions, and projects in their own schools!

Learn more

For more information on the YRBS, visit healthvermont.gov/stats/population-health-surveys-data/youth-risk-behavior-survey-yrbs.

Looking for more resources to share at your school? Visit upforlearning.org/resource-center/yrbs-and-getting-to-y-resources or scan the code.



Unleashing the Power of Partnership for Learning

