

# Getting to 'Y'

## Middle School & High School

Youth Bring Meaning to Their Own YRBS Data



**Youth serve as leaders in the Getting to 'Y' (GTY): Students Bring Meaning to their Youth Risk Behavior Survey program.**

There is a wealth of information in the biennial YRBS report on the wellness of young people in our state. What the report does not include is a thoughtful and informed analysis of the why ('Y') behind the statistics and what might change them for the better. Who better to tell us than youth themselves?



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Unleashing the Power of Partnership for Learning

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## What

Getting to 'Y' youth and adult teams receive training and support to bring meaning to their local YRBS data, learning tools and skills to:

- Organize a day and space to analyze their local YRBS data, identify community assets, strengths and areas of concern. Teams develop a plan of action based on root causes of their concerns.
- Host a Community Dialogue to share their work and priorities with their local community and lead meaningful multi-generational discussions.
- Frame action steps to improve areas of concern.

## Who

Middle and/or high school students and teachers, counselors, or other youth serving organizations focused on youth health and wellness. The recommended Core Team composition is 1–2 adults and 6–15 youth. Success requires strong youth-adult partnership and a commitment to hold regular team meetings over the course of the year.



## How

For more information contact Executive Director, Lindsey Halman: [lindsey@upforlearning.org](mailto:lindsey@upforlearning.org)

**Getting to 'Y' is an evidence based practice and an Association of Maternal and Child Health Programs BEST PRACTICE. Participation increases youth Health Literacy, Self-Efficacy, Community Engagement, Knowledge, and Protective Factors.**



**Empowering youth and adults to reimagine & transform education together**

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