SPOTLIGHT: Getting to 'Y': Thetford Academy Photo Story

Thetford Academy (TA) joined Getting to 'Y (GTY) for the first time this year by forming two new clubs. Middle and high school youth joined the school's Student Assistance Provider for a year of learning, fun, community engagement and action. The two clubs met weekly throughout the year, using a mix of in person and virtual meetings. They made a point of starting and ending each meeting with activities, such as sharing a 'rose, thorn and pickle' from their week. that helped them get to know each other and form a true team bond. Despite being from different grade levels and social groups, the members of each GTY team clearly felt a sense of belonging and commitment to each other and to their group, as well as to the greater TA community. This is a look at their year.

October, 2020 - SAP Kara Toms recruits for two new clubs



November 2020 - TA middle school and high school teams attend virtual/in-person hybrid trainings with UP for Learning youth and adult facilitators Astrid, Maisie, Sharon and Xander





December 2020: Teambuilding, preparing remote and in-person materials and recruiting peers for the Data Analysis Retreat





gh Schoolers...

\$5 Dunkin' Gift Card! All you have to do is help the TA to Y team this Thursday look at data.

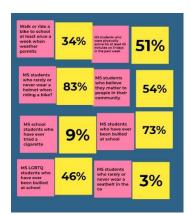
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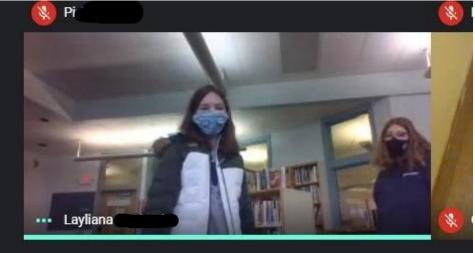
Spend two hours looking at the results of the Youth Risl Behavior Survey (YRBS). You will discuss and decide who of concern you have in our community, and what our community strengths are. Then we will share the results our administrators, teachers, and community leaders to shape further action.

..... and leading their Data Analysis Retreats!

Thetford Academy Getting to 'Y': Youth Bring Meaning to their Youth Risk Behavior Survey







January, 2021: Team meetings to coalesce their data analysis results and prepare for Community Dialogue Events

Circle of Courage - Belonging

What opportunities do young people have to have healthy connections with others and feel a sense of belonging (interest groups, clubs, teams, family, school etc)?

Language. Family. Friends. Culture.

- Advisory/pods
- Sports
- Basketball club and others
- GSA Club
- Building trades at tech center (working together)
- Smaller communities/neighborhoods
- Family business
- Summer jobs
- Learning Pods
- Travel/Challenge teams
- Band
- Robotics
- Plays (Revels, HOP)
- Assemblies

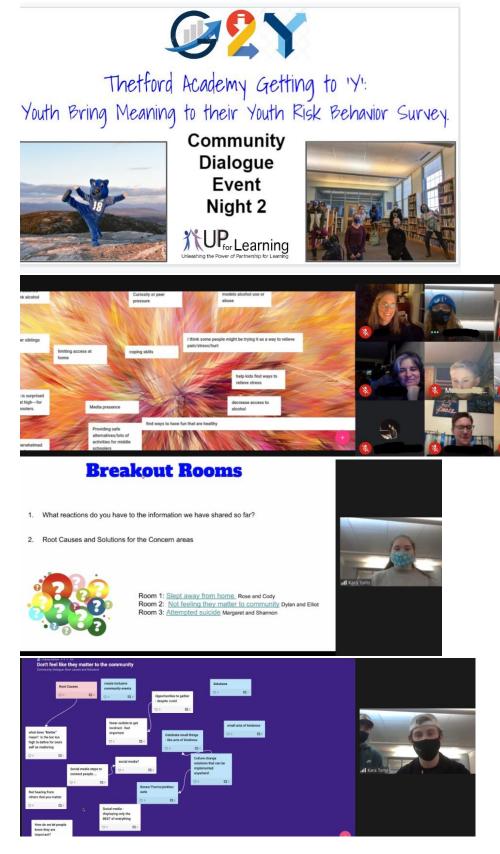


Our Strengths

- 91% of Orange County middle school students mostly or always wear a helmet when skiing or snowboarding
- 98% of middle school students mostly or always wear a seatbelt
- 62% of middle school students ate dinner at home with an adult family member every day in the past week (90% at least twice per week)
- Many middle school students participate in physical activity and play on at least one sports team (83% walk or ride bike to school at least 1x per week; 82% activity break during class at least 1x per week and 66% daily; 68% play on a sports team)



February 2021: 3 Community Dialogue Evenings





March - May 2021: Planning, taking ACTION (and taking time for fun!)

And Elliott and Layliana co-presented with Sharon at a national conference!





June 2021: Celebration and planning for continuing the work next year!