# Regardless of the learning landscape, we ca UP for Learning P4 ADVISORY oresents Personal Power & Purpose through Partnership



"P4 is important if for no other reason than it challenges the way that we interact with each other, guiding and unpacking our individuality with a framework that is all-inclusive and never biased."

> -Williamstown Middle Level Educator

Working together physically or remotely, UP for Learning has the resources and experience to help youth and adults navigate our new educational environments to reimagine and transform the learning experience.

### P4 Advisory: Personal Power and Purpose Through

**Partnership** centers youth voice and youth-adult partnership to explore individual values and strengths, build caring and collaborative relationships and positively impact the school and local community. Self-awareness, agency, empowerment, and empathy-building are primary goals of P4.

### Why does it matter?

All youth have an inherent right and responsibility to exercise and embrace their personal power, while respecting and encouraging the personal power of others. Throughout P4, multiple strategies (trauma-sensitive practices, restorative practices, mindfulness practices, etc.) are woven together with intention. The goal of P4 is to

support youth and adult partners as they model skills for self-awareness, effective communication, and selfadvocacy in ways that are accessible and sensitive to all learners. When students develop the skills to recognize, understand, and address their own needs, they are better able to take risks as learners, and are more confident in their abilities to contribute to the learning community.



Up for learning initiatives

## UP faculty

Lindsey Halman, Amie Conger, and Harry Frank.



### P4 Cost

#### School Team Cost: \$6,500

UP provides two pathways to learning for adults. In both cases, credit or hours are based on meeting the course goals:

- In partnership with Southern New Hampshire University (SNHU), an adult partner can earn 3 graduate credits for the course. This UP for Learning course costs \$2,049, which covers instruction, materials, and all fees associated with SNHU credits.
- If graduate credits are not a priority, adult partners can participate in the same course (for 45 professional learning hours) at the reduced cost of \$1,689.



## Register & info

Contact Amie Conger at amie@upforlearning.org.

# The **PURPOSE** of P4 is to provide middle level youth and adults with structured opportunities to:

- Increase learner empathy, independence, perseverance, responsibility, and engagement in learning.
- Teach specific skills for leadership, facilitation, and teamwork.
- + Strengthen learners' executive function skills and self-regulation practices.
- Promote learners' ability to understand and embrace agency (the ability to make intentional choices about, and take an active role in the course of one's own life and on behalf of the lives of others).
- Explore diversity and individuality through the framework and practices of equity.
- Support the development of personalized learning and Personal Learning Plans (PLPs) to strengthen communication with families and the community.
- Develop transferable skills to enrich proficiency-based learning.
- Engage in the Youth Participatory Action Research (YPAR) cycle and project based learning (PBL).
- Promote readiness of learners as they prepare for the transition from middle to high school.
- Work in collaboration with any existing restorative practices, Developmental Design, personalization and mindfulness programs.

### Who is involved?

- Middle Level Youth-Adult Teams who are committed to supporting young adolescents in an advisory structure. A school team typically consists of 8 members (2 adults and 6 youth).
- Support from school leadership to ensure alignment with the school's vision and mission.

#### What are the components of the P4 Learning Community?

- **1. P4 Orientation:** September 24th and 25th at the Vermont College of Fine Arts (overnight for youth-adult teams) TBD (virtual/onsite/hybrid)
- 2. Data Analysis Retreat: January 22, 2021
- 3. Sharing and Celebrating the Work & Planning Next Steps: May 7, 2021

#### Plus:

- Coaching with UP faculty, including a fall and spring onsite meeting to further the work.
- A comprehensive resource guide of suggested lessons, activities, and classroom structures to facilitate advisory learning experiences.
- The synergy created by a network of youth and adults engaged in this innovative work. A commitment to work in partnership with students and other adults.
- + The energy of people who discover their voice and experience agency in their lives.

### What is the team/school's commitment?

Participating P4 schools are committed to sustaining a team which will focus on developing a strong advisory program through an exploration of community values and commitments and providing each student a pathway to develop their personal power. The team will also engage in the youth participatory action-research cycle to enhance student engagement in learning and student involvement in school decision-making, and contribute to the life of the school community. Reflection and celebration are essential components of P4. Your team will take part in ongoing training, coaching and learning as members of a learning community.

Empowering youth and adults to reimagine & transform education *together* 

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