

UP for Learning presents

M3 MINDSET, METACOGNITION & MOTIVATION 2020/21

UP for Learning initiatives **will be happening** during the '20-'21 school year ... in-person, remotely, or a combination of both. Regardless of the learning landscape, we can reimagine and transform education together!



Unleashing the Power of Partnership for Learning

Working together physically or remotely, UP for Learning has the resources and experience to help youth and adults navigate our new educational environments to reimagine and transform the learning experience.

Building an Understanding of Learning with M3: How to construct powerful proficiency-based learning advocacy skills

What is the opportunity?

M3: Mindset, Metacognition & Motivation (M3) provides an opportunity for youth-adult teams to take a deep dive into the brain-based science of teaching and learning practices, and explore how they support an effective, proficiency-based learning system. Youth are mobilized as peer-to-peer messengers to support student engagement and self-efficacy as they empower their peers to drive their learning.

Why does it matter?

Adolescents are fascinated by how their brains learn. M3 capitalizes on this innate curiosity by providing students with an opportunity to take a more active role in their education. Students develop their ability to personalize their education as they experience proficiency-based learning.

M3 creates a bridge between learners and teachers, fosters shared responsibility for learning, increasing student ownership and engagement.

Research has shown that this conceptual framework creates equitable educational opportunities for all youth, enabling and empowering each and every individual to reach their greatest potential.

"I am excited to teach people how to really change their learning experience. A lot of students don't always like learning, and I hope to help them change that and help them grow."

—student participant

The commitment

FALL

A youth-adult team (ideal team size: 2 adults and 6-8 youth) participate in a one-day training to understand the fundamentals of M3 and youth-adult partnership.

Adults can join a 1-credit or 3-credit graduate course. This virtual learning community takes a closer look at the brain-based teaching concepts embedded in the M3 curriculum and allows educators the opportunity to immediately apply what they learn to their own professional practices.

The youth-adult team meets bi-weekly throughout the first semester to further their understanding of M3 concepts and to fine-tune the M3 curriculum (developed by UP for Learning) as they design an implementation plan for the spring semester. *

The youth-adult team engages the full faculty in the M3 work through professional learning, solidifying support for the implementation of peer-to-peer facilitation.

**A variety of implementation opportunities are possible to meet the vision and goals of your team/school.*

SPRING

UP faculty will meet on-site for a full-day with the youth-adult team to cement core knowledge and finalize implementation plans.

Youth team members facilitate the M3 curriculum with their peers; the adult team members support the facilitation and youth leaders.

Youth-adult teams will create an action/recommendation plan for the 2021-2022 school-year that ensures continuity of the work.

UP FOR LEARNING WILL PROVIDE:

- ♦ 2 days of training (one in the fall/one in the spring) for the full team that provides and reinforces the core knowledge and skills needed to implement M3.
- ♦ On- and off-site coaching throughout the program.

SCHOOLS WILL:

- ♦ Commit to attending the two full-day sessions as a youth-adult team.
- ♦ Adult team members will support youth team members, including regular check-ins to ensure their confidence and competence as peer facilitators.
- ♦ Offer youth facilitators credit and/or evidence of proficiency in transferable skills toward graduation. (Learning targets linked to transferable skills are available.)

Graduate Course/Professional Learning Hours

UP staff plans the first meeting of the course prior to the team orientation to jumpstart the program; this prepares lead adults to facilitate the work faster and more successfully. UP strongly encourages lead adult partners to enroll in UP's M3 professional learning opportunities for graduate credit or professional development hours. Doing so will create a broader and deeper knowledge base for the program.

The M3 professional learning options provide opportunities for individuals to go more deeply into the work. All options provide more scaffolding and support for adult learners while exploring the science of learning and its pedagogical ramifications for their practice over the course of the year.

UP provides two pathways to learning for adults. In both cases, credit or hours are based on meeting the course goals:

- ♦ In partnership with Southern New Hampshire University (SNHU), an adult partner can earn 1 or 3 graduate credits for the course. This UP for Learning course costs \$683/\$2,049, which covers instruction, materials, and all fees associated with SNHU credits.
- ♦ If graduate credits are not a priority, adult partners can participate in the same course (for 15 or 45 professional learning hours) at the reduced cost of \$563/\$1,689.

UP encourages schools to offer youth members credit and/or evidence of proficiency in transferable skills toward graduation.

Costs

\$3,500 for each participating school.

Note: This initiative is generously co-sponsored by the Vermont Department of Health. Participating schools may be eligible for School-based Substance Abuse Services (SBSAS) grant funding consideration.

For more information

Please contact Amie Conger at amie@upforlearning.org.

"My greatest learning from M3 was that student leadership is integral and needed at the table."

—teacher participant

Empowering youth and adults to reimagine & transform education together

upforlearning.org • (802) 552-8140 • info@upforlearning.org  @UPforlearningVT  /UPforLearning