

# *Did you know...* 45 Vermont schools are engaged in 2018-2019 UP Initiatives!



Read this month's feature blog post

Four Feet on the Ground: The Youth-Adult Partnership "Teeter-Totter Effect" *Part 1* 

"This blog explores one dynamic that has repeatedly challenged forming authentic, equitable youth-adult partnerships in UP teams over the past 12 years. I share it with the hope that naming and exploring this potential pitfall will expedite the journey for others on the road to youth-adult partnership."

-Dr. Helen Beattie, Executive Director

Getting to "Y" (GTY) - Youth Taking the Lead as Change Agents in their Schools and Communities!

Over 180 middle and high school students from 10 different Vermont counties gathered in October to learn about Getting to 'Y': Youth Bring Meaning to their Youth Risk Behavior Survey. GTY invites middle and high school students to analyze their local Youth Risk Behavior Survey (YRBS) data and then lead multi-generational dialogue to help develop concrete action plans to improve the health and well-being of youth in their school and community. Over the course of the training days, high school and middle school teams worked with UP for Learning youth and adult facilitators to



Congratulations to these youth-adult teams for their commitment to using data and dialogue to improve health and wellbeing for youth! High School teams: Bellows Falls, BFA Fairfax, Blue Mountain, Burr and Burton, Middlebury, Oxbow, Stowe, U32, Vergennes, and experience the components of the GTY initiative, and to practice their roles leading the initiative in their own school community. Teams are now planning to facilitate their own data analysis retreats, where they will lead a group of peers through an exploration of their local YRBS data to identify strengths to celebrate and concerns to address. Later in the year they will host community dialogue events to foster awareness of their concerns, to facilitate dialogue about root causes, and to develop concrete action to improve their concern areas. White River Valley. Middle School teams: Blue Mountain, BE Above (Edmunds and Hunt), Harwood, Hartford, Lamoille, Lowell, Main Street Middle School in Montpelier , People's, Sheldon, Stowe, U32, and Vergennes.

Are you interested in experiencing a Community Dialogue Event near you? Please contact UP's GTY Coordinator Sharon Koller @ sharon@upforlearning.org



#### Barre City Middle School Teachers Explore Metacognition

The Barre City Middle School faculty focused their second in-service professional development day with UP on building the metacognitive capacity of teachers and students. Utilizing resources from Harvard's Project Zero and Ron Ritchhart's principles for *Making Thinking Visible,* faculty explored the application of the *See-Think-Wonder* and *Connect-Extend-Challenge* thinking routines. They examined their own individual practice and worked as grade-level teams to initiate the incorporation of visible thinking routines into their pedagogy.

## Check out this opportunity for youth leaders! Vermont Statewide Youth Council



December 12, 2018 8:45 AM - 4 PM Capital Plaza Ballroom

### Enhancing Learning Through Effective Feedback

Effective feedback is one of the greatest challenges for teachers and most powerful predictors of learning. Come explore current brain-based feedback strategies and how to build students' metacognitive understanding of their own learning, enhancing their ability to be full partners in their education. Vermont educator Bill Rich will dive deeply into what the field of cognitive science tells us about the "why" of learning.

#### Montpelier, VT

#### Restorative Practices Learning Community Launches

*Restorative Practices* help an entire learning community understand each individual's needs in order to create a more equitable experience and set of outcomes. UP **for Learning** is grateful and honored to be working with youth/adult teams from 11 schools throughout Vermont to create a culture and climate within each school that infuses *Restorative Practice* into all parts of the learning community.

This work is aligned with our belief that youth can and should work in collaboration with adults to make learning more engaging.

So far this year, the youth and adult teams have met to develop a shared understanding of *Restorative Practices*. The teams will be meeting again on November 29th for a Circle Keeper Training with guest facilitator, Annie O'Shaughnessy (www.truenatureteaching.com).

As the year progresses, the school teams will conduct action research project specifically aligned to their school's needs.

For more information about Restorative Practices, please contact Lindsey Halman at lindsey@upforlearning.org

#### For more Information



Restorative Practices in education can be defined as "facilitating learning communities that nurture the capacity of people to engage with one another and their environment in a manner that supports and respects the inherent dignity and worth of all." -Evans and Vaandering

2018-2019 participating schools: Bellows Free Academy - Fairfax, Main Street Middle School, Montpelier High School, Fairfield Center School, Twinfield Union School, Central Vermont Career Center, Burke Town School, West Rutland School, Rutland Town School, Poultney High School, Proctor High School.

Visit the UP for Learning website!

## Once again....please SAVE THE DATE!

Power 2 Summit May 1, 2019 Lake Morey Resort, Fairlee, VT

(more information soon!)

STAY CONNECTED

