

UP for Learning presents

# MASTERMIND MENTORS

## SHARING KEYS TO LEARNING 2018/19



*An opportunity for upper elementary to high school youth to facilitate lessons and activities with younger elementary grade students about how their brains learn.*

In the Mastermind Mentors initiative, youth mentors and their adult partners participate in a one day training on the key concepts of growth mindset & self-talk. This background knowledge is interspersed with examples from a toolkit of ideas that they bring back to use with younger students (K-3).

After the training, Mastermind Mentors and their adult team members prepare and practice what they learned from the toolkit. Over the course of several weeks, mentors team up with younger students and share how learning happens. Mentors and their adult advocates debrief their experience, and celebrate their accomplishments.

*continued on reverse ►*

## Adult Roles

Adult Mastermind Mentor partners and guides in this effort:

- Take part in a 1-hour webinar in advance of the training to orient themselves to the initiative components
- Negotiate elementary school visitation options
- Recruit students and prepare them for the training workshop
- Provide ongoing support for mentor visit preparation and debriefing for at least five elementary school visits
- Celebrate at conclusion of effort!
- Reflect upon and document the process

Adults earn 15 hours of professional development time for these efforts. Involvement includes an invitation\* to a December 12 day-long workshop with Bill Rich, an expert in utilizing brain-based best practices in the classroom.

## Youth Roles

Youth Mastermind Mentors in this effort:

- Attend a full day training
- Participate in regular meetings to prepare and debrief at least five visits
- Conduct at least 5 elementary school visits with mentee or small group
- Reflect upon their experience.

## UP for Learning will provide:

- Initial webinar
- Training day including Mastermind Mentor Toolkits and lunch

- Ongoing virtual or on-site support
- M3 T-shirts for youth mentors

## Logistics

**Webinar:** September 12, 2018, 3–4 p.m.

**Training for middle school teams:** Wednesday, September 26, 2018. Location: TBD.

**Training for high school teams:** Thursday, September 27. Location: Langevin House on the campus of Vermont Technical College, Randolph.

**Cost:** \$1,000 for a team of up to 16 (this is a reduced fee thanks to a generous matching grant from the Vermont Department of Health). If you would like this training for a group larger than 16, please contact UP for Learning to explore on-site training opportunities.

*\*The Bill Rich training will have a separate cost.*

**For more info, contact:** Bruce G. Perlow at [bruce@upforlearning.org](mailto:bruce@upforlearning.org)

*Note: Mastermind Mentors is an entry level M3: Mindset, Metacognition and Motivation option, introducing students to the core concepts of growth mindset and self-talk and engaging them as peer-to-peer mentors and guides.*



Unleashing the Power of Partnership for Learning

