

Raising Aspirations: Growth Mindset for ALL Learners



Clara – We want to welcome you here today & thank you for choosing this workshop.

We would like to treat you to a video that is the best example we know of to capture “raising aspirations”. Enjoy!! SHOW VIDEO

Summation: In short, we want ALL student to have this same belief in themselves – a growth mindset for ALL learners!

By the end of this session, we will have....

- Explored the relationship between grit and mindsets
- Been introduced to several means to share the mindset model & build high expectations in others
- Have information about further opportunities for students to become messengers of the mindset model (& meta-cognition)

Clara – read bullet by bullet – they are set to be clicked in

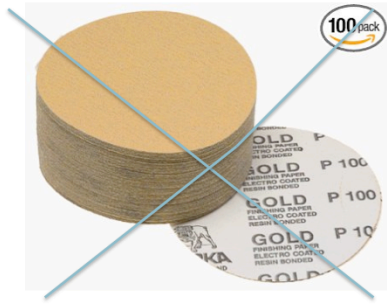
Turn to a person to your right and talk
for 2 minutes about....



How do you define grit?

Helen

Turn to the person on your left and
talk for 2 minutes about...



Who or what is
at fault if a
person does
not exhibit grit?

Helen

First.....

Identify 1 phrase or sentence that stands out for you – for whatever the reason. (5 min.)



Mary

As a table, each person will share his/her identified phrase/sentence and why they chose it (1 minute maximum). During this time, all others listen (only).



As the listener, think about:

1. themes that are emerging
2. questions that are being triggered for you

Appoint a time keeper please!

So in the end....



What themes did you hear?

What insights or questions were provoked
by the article?

Mary - And so we would suggest that there are many conditions that must be in place for grit to emerge – it requires a foundation. We (and many others) believe that a growth mindset – a belief in personal agency - is fundamental.



Mindset video here...

As you watch this video – please be particularly attentive to what stands out for you – maybe take a note or two. You will be having a table discussion about this afterwards.

Mindset Matching Game

Step 1:

Form a group of 2-3 at your table



Step 2:

Take one envelope from the middle of the table

Next, find the following two pieces of paper, to start off your mindset columns and put them beside each other:

GROWTH MINDSET BELIEF	FIXED MINDSET BELIEF
We are NOT limited in learning potential. Our intelligence is like a muscle and it will grow the more we use it. Practice and persistence builds our intelligence.	An individual is born with a fixed amount of intelligence that does not change throughout his/her life.

Clara – Tell them that their pieces of paper will not have the titles “Growth Mindset Belief” or “Fixed Mindset Belief” – they will only find the descriptor itself.

Now, look at each slip of paper and decide whether it suggests a fixed or a growth mindset. Place it in the correct column.



Clara Closing – Please think through yourself or talk with your team (if they are here with you)– about how you might apply this concept to your school. Let's take ____ minutes to start this reflection..

Finally....



There are natural pairs in the two columns.
Please “tune” your matches to align these
natural pairs.

See how you did....



Clara – Please find the large manilla folder in the middle of the table and distribute the “Mindset Choices” handout. This is what you can use to check your choices. Take a minute with your partner(s) to see how you did.

Self-Assessing Your Mindset



How would you characterize yourself relative to your dominant mindset?

When do you tend to employ a growth mindset?

What factors have contributed to you having a growth mindset in these instances?

Clara - Please take two minutes for a SILENT WRITE to think about the following questions (read them).

AFTER 2 minutes. Now please turn to the person to your left and share with them anything you feel comfortable sharing that came up during your free write. You will have 2 minutes per person. I will give you a 2 minute cue.

How are students being the messengers?

Student run
district in-service
on learning &
the brain.



Student-Led Mindset In-Service



10th Grade Mindset Student-Led Sessions



Regional Learning & the Brain Trainings





- Promise me you'll always remember: you're braver than you believe and stronger than you seem and smarter than you think.

We would like to give you reminder to take back to your respective schools about the power of mindset. Please open up the envelope on the table and take a quote card – from a tried & true source of inspiration.

Let's just read it together as a closing. Ready?

Thank you for coming. We hope you will be able to make this concept useful in your own communities.